

Asheville Parks & Recreation



Adult Basketball 2018-2019

ASHEVILLE
PARKS AND RECREATION

Adult Basketball League
Rules and Regulations

ARTICLE ONE

The Adult Basketball program is sponsored by the City of Asheville Parks and Recreation Department, and is established to provide a wholesome recreation opportunity for the residents of the community. Emphasis in all leagues is placed on fair play and sportsmanship.

ARTICLE TWO

Section I.

All interested are encouraged to participate in the Recreation Co Recreational League program. A, B, C and D Divisions will be formed if enough teams enter. If there are not enough teams to form the 4 divisions the teams will be divided up how the Athletics staff see fit. The following priority system is used for entrance into the league.

- A. Returning teams have 1st priority. A one-day payday for these teams will be Wednesday, Oct 31st, 9:30 - 5:00pm.
- B. New teams have priority on Thursday, November 1st, 9:30 – 5:00pm.
- C. Everyone else can register Friday, Nov. 2nd between 10:00-2:00pm , if space is available.
- D. Payments will be received at the Athletics Office at 72 Gashes Creek Rd.

Section II.

The League will be composed of individuals 16 years of age or older.

Section III.

Eligible teams must provide the league with:

- A. A full roster of the team turned in with the entry fee.
- B. Entry fees made payable to Asheville Parks and Recreation.
 - 1) Team fee - \$600
 - 2) Non-resident fee - \$25 per person
- C. Attendance of league meetings by team representative upon call.

ARTICLE THREE

Rosters

Section I.

A full roster of the team shall be turned in to Asheville Parks and Recreation at registration with the entry fee.

- A. Rosters must be filled out on the roster forms provided with complete information necessary.
- B. Players may be added to the roster until the third game of the regular season. The Roster Addition form must be used. After this time no changes will be made to any rosters.

Section II.

Each team roster shall consist of a minimum of 5 and a maximum of 15 players.

Section III.

Once a player has played with a team, he/she will not be allowed to play with any other team in the league. If a player is found to be playing with more than one team, you will be suspended for the remainder of the season.

Section V.

Players may not be on a league roster and on a junior high varsity, high school varsity or college roster and be allowed to participate in the league.

Section VI.

Each team should designate a team representative to be registered with Asheville Parks and Recreation. That person should be the first line of communication between the team and Asheville Parks and Recreation Department.

Section VII.

Players may be dropped from the roster and all roster changes must be done through Asheville Parks and Recreation's office. Use the Roster Change Forms provided. No phone or email changes accepted. Payment of non-resident fees must be made at the time of the addition.

Section VIII.

A copy of the FINAL ROSTER will be made available upon request to each team after the final deadline.

Section X.

If the league operates with separate men's and women's divisions women will not be allowed to play in both the Women and Recreation Men's leagues.

Section XII.

Women are allowed to play on men's teams in the league when there is not an established Women's division.

ARTICLE FOUR
Player Conduct

Section I.

Each team is responsible for the conduct and behavior of its players, coaches and fans.

Section II.

The officials will have complete control of the game. His/her decision will be FINAL.

Section III.

Participants for the league will abide by the following rules for conduct:

- A. Use of alcohol in any form and/or profane language at any time will result in dismissal from league play for individuals or teams with **NO REFUND** of entry fee.
- B. Anyone starting a fight before, during or after the game will be suspended for one year. Final decision on any fight will be made by Asheville Parks and Recreation's Program Director & Athletic Director. Both parties may be suspended if deemed necessary.

- C. Anyone hitting, pushing or threatening an official or league representative will be suspended for an indefinite period of time (minimum of one year). This includes waiting on officials after games to question calls, inside or outside the gym.
- D. Any individual that receives three technical fouls during the season for misconduct, questioning a call or abusive behavior will be suspended from the league for the remainder of the season. Officials and gym attendant will notify the Athletic Director.
- E. Any team that receives a total of six technical fouls during the season for misconduct, questioning a call or abusive language will be dismissed from the league with NO REFUND of entry fee. Once a team receives five technical fouls, the team representative will receive notice regarding their status with the league.

Section IV.

A player or coach ejected from the game must leave the premises of the gymnasium completely before the game will resume. Failure to do so will result in the game being forfeited to the opposing team. Ejected players have two minute to leave. Ejected players are suspended for a minimum of 2 games. A player that receives 2 technical fouls in a game, are ejected from that game.

ARTICLE FIVE The Game

Section I.

Games will be played under the National Federation of State High School Association's Basketball Rule Book. Special league rules will be the exception.

Section II.

All games will be played on time unless the game runs over. Starting time will be 8:15 pm for the first game and teams that fail to have five players at game time will lose by forfeit. The second game is scheduled to begin at 9:15 pm. **Please note that there is no grace period for either game time.**

Section III.

Games will be played at Stephens-Lee, Shiloh and Foster Church. Games will be played on Monday, Tuesday, Wednesday, and Thursday with each team playing once and at times twice a week. Season is tentatively scheduled to begin Monday – December 3rd, 2018..

Section IV.

Line-ups are due at the scheduled game time. Put first and last names plus jersey number on the lineup card.

Section V.

- A. The game shall consist of two 20 minute halves, running clock, except for the last 1 minutes of the first half and the last 2 minutes of the second half. In the case of overtime periods, the clock will stop with each whistle for the last 2 minutes of the overtime period.
- B. Half-time shall last five minutes. A one minute intermission shall take place before any overtime periods.
- C. **Overtime periods are 3 minutes in length.**

D. Teams will have 4 timeouts per game. The clock will stop during "timeouts". Teams may use a timeout at any point during the game. In case of Overtime, each team will receive one timeout, and no more than one timeout may be carried over from regulation play into overtime.

ARTICLE SIX Uniforms

Section I.

It is mandatory for each member of a team to wear like colored shirts with a legal basketball number on the back (numbers cannot be taped).

ARTICLE SEVEN Administration

Section I.

Regular season play will begin Monday, December 3rd and end in March 2019.. No games will be scheduled during the Christmas break. The tournament format will be up to league administrators. The league administrator will break the league up into smaller tournaments to create a more even and competitive environment for all teams.

Section II

If a team cannot attend their game for whatever reason. They must notify the league administrator of their intent to default the match, by email, no later than 3pm on the day of the game. Failure to do so will result in a forfeit. Any team with more than 3 forfeits on the season will not be allowed to advance to the post season tournament. A properly filed default will not count as a forfeit. Once the email with intent to default is sent the decision is final and the league administrator will notify the other team as well as the field staff.

Section III.

Awards will be given to the first place team in the Regular Season and first and second place teams in the post-season tournament.

Section IV.

When operating with the standard 4 divisions, any team finishing with a win percentage above .750 will be moved up to the next division for tournament play whenever possible. Any team finishing with a win percentage below .250 will be moved down one division for tournament play whenever possible. The league administrator will break up the larger divisions for tournaments at his/her discretion when using less than the standard 4 divisions.

Section V.

Ties for places receiving an award will be decided by a play-off game. Any other ties will be decided by a coin flip.

Section VI.

The written protest must be accompanied by a \$75 Protest fee and must be filed within 24 hours.

Asheville Parks and Recreation
Kim Turner , Recreation Program Coordinator
828-251-4026
kturner@ashevillenc.gov

Athletics Office;
72 Gashes Creek Rd.
Asheville, NC 28805
Parks & Recreation Web Page
www.ashevillenc.gov

WEATHER HOTLINE
251-4082